

WAIVER OF LIABILITY AND RELEASE OF CLAIMS

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**To: St. Albert canoe kayak club (SACKC) and Greater Edmonton Racing Canoe Club
And To: The City of Edmonton (GERCKC)**

Definition: Canoeing and Kayaking includes Olympic Sprint, Marathon racing and training, lake water practise, river practice and travel, white water manoeuvring and rapid running, and volunteer, member and client activities associated with the trips, courses, events, training sessions and facility maintenance and the travel and training involvement.

In consideration of The SACKC / GERCKC accepting my/our/individual/family membership, I AGREE TO THIS RELEASE OF CLAIMS AND WAIVER OF LIABILITY in respect to The SACKC, its employees, guides, agents, volunteers, and members of representatives. I understand that canoeing of lakes; reservoirs and rivers involve certain dangers, not all of which can be listed here. Along the more obvious and frequent are:

1. Exposure to variable elements in weather that may cause injury due to heat and cold, and which may prevent or force route and itinerary changes.
2. Contacts with and possible immersion in cold water for undetermined periods, leading to hypothermia and possible suffocation.
3. Exposure to capsizes, trees, rocks, bridge abutments, log jams, rope entanglement, current patterns and other possible sources of “in water” injury and entrapment.
4. Unfamiliar terrain and routes where canoeist could become separated from the party.
5. Travel in remote locations with poor communication and in ability to get rescue or medical assistance easily or quickly.

I accept all of the risks and the possibility of death, personal injury, property damage and loss resulting from my involvement with the course, activities and/or trip I am taking with The SACKC /GERCKC.

I release SACKC/GERCKC, its officers, employees, guides, agents, volunteers, and representatives from any and all liability for any personal injury, death, property damage or loss I may have suffered as a result of my participation in any of their trips or courses, for any causes whatsoever including negligence on the part of The SACKC, its officers, employees, guides, agents, volunteers, or representatives whether such claims arise by contract, by tort, in equity or by reason of breach of a legal or statutory duty.

I certify that I am physically capable and fit to participate in this activity and have no medical conditions or needs other than those listed on the registration form.

Consent and Release of Information:

The Freedom of Information Policy requires that we have permission in order to post your information

and/or photos on our website, newsletters or any public domain. We respect and protect the privacy of our Registrants. Personal information is used only for canoe/kayak purposes. The following are examples where information or photos may be used:

The use of an athlete's name and/or photo in SACKC /GERCKC letters, emails, social media, on our website, bulletin boards or local newspapers.

The taking of individual or team photo.

The use of an athlete's name and/or photo in regatta programs, etc.

The circulation of information promoting canoe/kayak information and opportunities.

I confirm that I am 18 years of age or older and if not I will have a guardian sign the waiver and release of claims.

I agree that by signing as a parent or legal guardian for a participant who is under 18 years of age, I will pay for all cost incurred by The SACKC, its officers, employees, guides, agents, volunteer or representatives should a suit be launched on my child's charges behalf.

I confirm that I have read over this agreement before signing, that I have understood it, and that it will be binding, not only to me, but my heirs, next of kin, executors, administrators and assigns.

I acknowledge that The SACKC staff have been available to fully explain the various hazards and risks associated with activities of The SACKC and those risks specifically associated with the program in which, I my child or charges or organization are involved.

I agree that, even though I may not live in Alberta the law of the Province of Alberta and City of Edmonton by-laws govern this waiver and release of claims and will be enforceable in any court of law.:



Frequently Asked Questions

1- *Where is, the session located?*

From South: turn north on 184 St. from Yellowhead Trail, then turn west on 122 Ave.

From North: turn south on 184 St. from Anthony Henday Drive, then turn west on 122 Ave. (From St. Albert: go south on Ray Gibbons drive – this becomes 184 St. as you drive over the Anthony Henday. Turn west on 122 Ave.)

2- **What are regular camp hours?**

Our camp runs from 9 am – 4 pm, please note that we do not provide before and after “*Extended Care*” hours.

3- *What should I bring to the session?*

Here is a suggested list of items to bring:

- paddling shoes / sandals
- clothes to paddle in (e.g., wetsuit, athletic wear – shirts/shorts). There is definitely a chance that you will get wet so something that is quick drying is recommended as opposed to cotton.
- extra clothes to change into afterwards / during breaks if needed
- jacket / rain gear – weather dependent
- lifejacket (optional) – All kids will be required to wear lifejackets. We have a lot of lifejackets at the club but if you have your own, you are welcome to bring it.
- a towel
- sunscreen
- hat
- a packed lunch
- snacks
- water bottle - I recommend labelling the water bottle as well.
- a signed waiver form (for club insurance purposes)

➤ Please ensure that all personal belongings that are brought to camp are labelled with your child’s name!!!

4- **Is there Itches at the lake?**

Depend on the weather, sometimes we get some itches in the lake. Our club took some measures this year, kids now can take quick shower to remove itches.

5- **What happens in the event of inclement weather?**

In the case of inclement weather, our coaches are prepared with rain day plans to ensure that the day still runs smoothly. Rain day planning includes some active games (weather permitting), quiet games and arts and crafts. We abide by the rule of not going on the water for 30 minutes after the last sound of thunder to encourage water safety.

6- *How Can I register for the camp?*

Please use our sportical online registration system to submit your registration, upon registration you will receive a confirmation email to confirm your registration and some other attached document – you will be approved when finalize your payment.

Here is the link for canoe kayak events:

<http://edmontoncanoekayak.sportical.com/events>



7- *How can I make the payment for the session?*

Option 1: You can pay at our open house in **May 6th** at Kirk Lake from 10 am to 1pm – Coaches Nicole and Saphane will be there to take you for a club tour and give additional information about the summer camps – please check our website to know the Location. We only accept Cash and cheques.

Option 2:

Payment of **the total amount** must be received by mail at least **one month** before the start date of your camp to ensure your spot is reserved. Payment by cheque payable to 'SACKC' if you live in St. Albert or 'GERCKC' If you live in Edmonton – Please make sure you include a copy of your online registration's email confirmation so we know what session you are paying for! And who is signed up. Please mail your cheque to: **St. Albert Canoe & Kayak Club**

**Box 77023 ST.MAIN
St.Albert, AB
T8N 6C1**

8- *How do you want my cheque to be written?*

Write your cheque to SACKC If you live in St.Albert area or to "GERCKC" if you live in Greater Edmonton area. Please make sure you include a copy of your registration email confirmation so we know what week you are paying for and name of your kid.

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If you live in St. Albert If you live in Edmonton

PAY TO THE ORDER OF SACKC or GERCKC \$ DATE: DOLLARS Security Features Customized on Demand

Name of your kid and Week date ||* 0000

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9- *What is your cancellation policy?*

You can cancel your registration with no cost by informing the club that your kid will not be able to attend the camp program by June 1st. After that, we can still accept cancellation but you will be charged for \$50 administrative fee for holding a spot in our program. Please understand that there is a high demand on our programs, by holding a spot you may prevent another kid to experience one of the best sport in the Edmonton area.



10- What type of paddling activities do you offers at the club?

We do offer all sort of paddling activities such as: paddle board, Kayak, Canoe, Dragon boat, intro to sprint racing canoe kayak boats.

11- Can I sing up my kid for an advanced program after the summer camp?

Absolutely! we strongly encourage you to speak to your coach or to the club Head Coach to give you more information about our advanced programs.

12- Does my child have to participate in the regattas (races)?

All paddlers are strongly encouraged to participate in the regattas, however, it is recognized that not everyone desires to compete. This is an individual choice that is best made between the child and parent with the input of the Coach.

Paddlers are permitted to race in an older age group, but they can not race in a younger age group.

13- What is the Off-Season program?

The Off-Season program operates during the non-summer months and is designed for those paddlers who wish to continue training during the off season

- **Fall Session** - September-October - on the water
- **Winter Session** - November-April - dry land training. The Bantam team generally do running, swimming, core training, climbing, weights, paddling machine, pool paddling and spinning.
- **Spring Session** - May -June - on the water

14- How do I find out how my child is doing with paddling? Is s/he ready to move into a development group? Please drop by the club and talk the Coach Leading in your summer group or speak to the head coach: Zak Mahmoudi.

15- All members are required to take individual responsibility to help keep the venue tidy and clean. Specifically:

- Place all garbage in the garbage cans provided
- Remove all food and used food storage containers at the end of each day as these attract pesky fruit flies.
- All wet clothing, wet foot wear or wet towels need to go home each day - stinky!
- The walls or tabled are not for writing on.

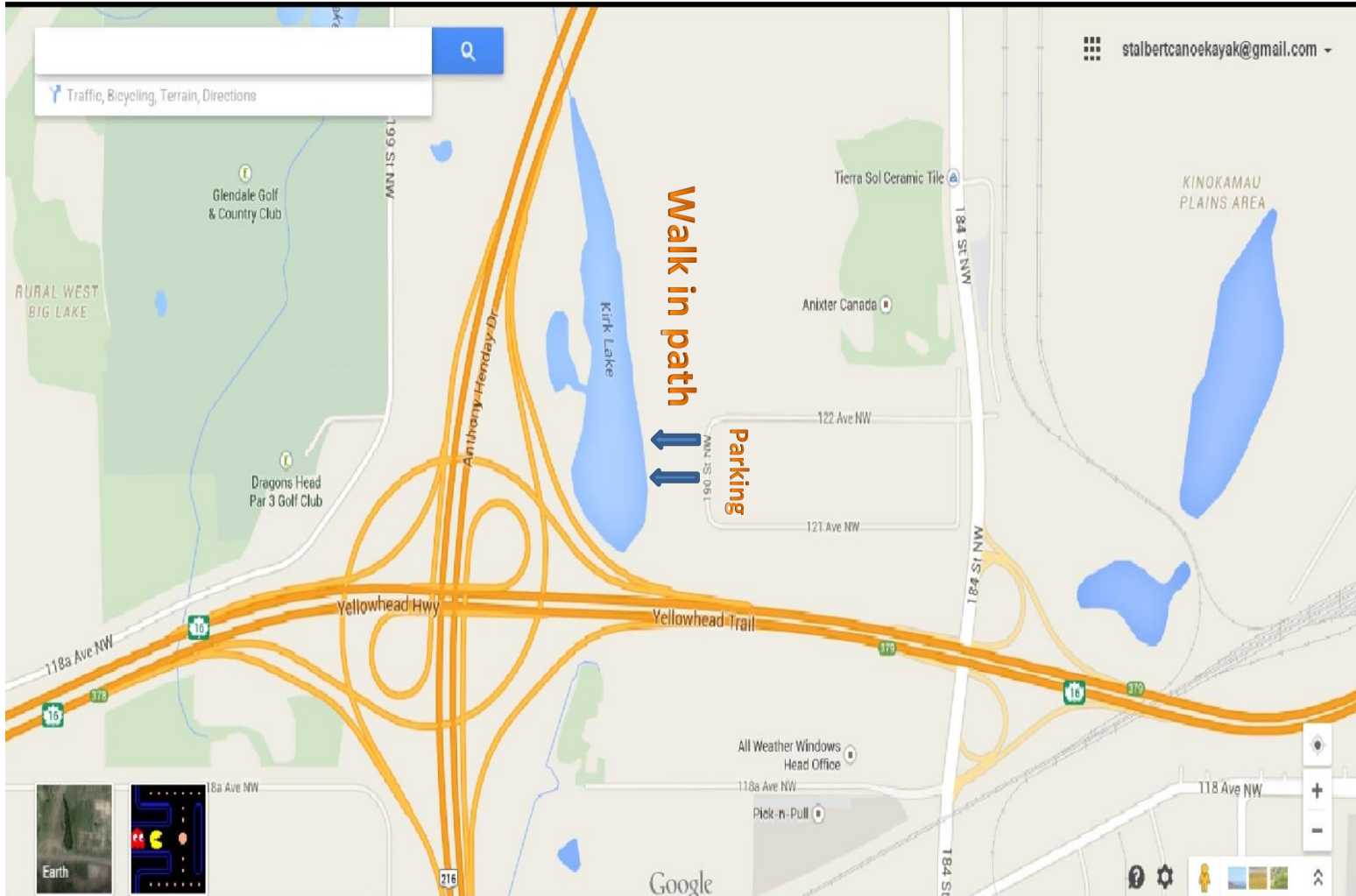
16- Can I get an advanced lesson after the learn to kayak session?

Absolutely! we strongly encourage to take an advanced lesson by contacting your coach for more details.

Map and Directions

From South: turn north on 184 St. from Yellowhead Trail, then turn west on 122 Ave.

From North: turn south on 184 St. from Anthony Henday Drive, then turn west on 122 Ave. (From St. Albert: go south on Ray Gibbons drive – this becomes 184 St. as you drive over the Anthony Henday. Turn west on 122 Ave.)



Kirk Lake map and directions